

# Ryan Bohn Athletic Director Assistant Principal Margaretta High/Middle School 209 Lowell Street Castalia, OH 44824 Phone: 419-684-5351

Fax: 419-684-5632

March 17, 2015

## Dear Athletic Director/Coach:

We are happy to have your team as a participant in the 21<sup>st</sup> Annual Polar Bear Relays this year on Saturday, April 4, 2015.

- Field events will begin at 10:00am and the running events at 11:00am.
- The team entry fee is \$150, which covers both your boys and girls teams. This fee should be paid prior to the day of the meet.
- All entries are to be completed at <a href="https://www.baumspage.com">www.baumspage.com</a>. The window for entries opens Monday, March 16<sup>th</sup> at 12:00pm, and closes on Thursday, April 2<sup>nd</sup> at 7:00pm.
- Our meet manager is Tom Tucker. Coaches may contact him at <a href="mailto:tlucker@woh.rr.com">tlucker@woh.rr.com</a>, or by cell phone at 419-680-8200.

The following schools are currently under contract for this year's meet: Gibsonburg, Lakota, Monroeville, Open Door Christian Academy, Otsego, Patrick Henry, Port Clinton, Seneca East, SMCC, Willard, and host Margaretta. Thanks again for participating in this exciting meet! We will be offering contracts for the 2016 Polar Bear Relays in the near future.

Ryan Bohn Athletic Director

## 21<sup>st</sup> ANNUAL MARGARETTA POLAR BEAR RELAYS SATURDAY, APRIL 4, 2015

## Field Events begin at 10:00am – 3 Participants per school

Girls Field Ever	nts	Boys Field Event	ts
Shot Put *	10:00am	Discus *	10:00am
Long Jump *	10:00am	Pole Vault	After the girls
High Jump	After the boys	(Beginning height 8'0")	
(Beginning height 4'0")		High Jump	10:00am
Discus *	After the boys	(Beginnin	g height 5'0")
Pole Vault	10:00am	Long Jump *	10:00am
(Beginning height 6'0")		Shot Put *	After the girls

<sup>\* =</sup> Each participant will have 4 attempts.

Long Jump will be open pit from 10:00am-Noon.

#### **RUNNING EVENTS - BEGIN AT 11:00 AM**

1.	6400 METER RELAY	GIRLS
2.	6400 METER RELAY	BOYS
3.	100 METER SHUTTLE HURDLE RELAY (30" HEIGHT)	GIRLS
4.	110 METER SHUTTLE HURDLE RELAY (30" HEIGHT)	BOYS
5.	800 METER RELAY (200,200,200,200)	GIRLS
6.	800 METER RELAY (200,200,200,200)	BOYS
7.	3200 METER RELAY (800,800,800,800)	GIRLS
8.	3200 METER RELAY (800,800,800,800)	BOYS
9.	400 METER RELAY (100,100,100,100)	GIRLS
10.	400 METER RELAY (100,100,100,100)	BOYS
11.	SPRINT MEDLEY (100,100,200,400)	GIRLS
12.	SPRINT MEDLEY (100,100,200,400)	BOYS
13.	DISTANCE MEDLEY (800,400,1200,1600)	GIRLS
14.	DISTANCE MEDLEY (800,400,1200,1600)	BOYS
15.	1600 METER RELAY (400,400,400,400)	GIRLS
16.	1600 METER RELAY (400,400,400,400)	BOYS

### **GENERAL NOTES**

- 1. Non-participating athletes will not be permitted inside the fenced area of the track during the running of the meet.
- 2. Awards will be given to the coaches immediately after the meet. Final result sheets will be available in the press box at the conclusion of the meet as well as on baumspage.com.
- 3. All relay teams must report to the clerk of course by second call.
- 4. Trophies will be given to the first place and second place teams in the meet.
- 5. Gold medals will be given in each event to the 1<sup>st</sup> place team with ribbons given to 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> place teams.
- 6. Lane assignments will be rotated for each event.
- 7. A concession stand will be open during this meet.
- 8. We have an all-weather track. Please make sure all spikes are ½ or 1/8 inch.

# POLAR BEAR RELAY RECORDS-GIRLS

Event Pole Vault	Distance/Time 23' 0"	School Lakota	<u>Year</u> 2012
Shot Put	113' 7"	Western Reserve	2001
High Jump	14' 8"	Huron	2000
Discus	371' 10"	Woodmore	2006
Long Jump	46' 6"	Fremont Ross	1997
6400 Meter Relay	22:26.0	Huron	2002
Shuttle Hurdle Relay	1:08.8	Margaretta	1999
800 Meter Relay	1:47.5	Edison	2000
3200 Meter Relay	9:51.2	Woodmore	1998
400 Meter Relay	50.6	Fremont Ross	2000
Sprint Medley	1:52.7	Western Reserve	2006
Distance Medley	13:01.0	Woodmore	2000
1600 Medley Relay	4:02.6	Edison	2000

# POLAR BEAR RELAY RECORDS-BOYS

Event Pole Vault	Distance/Time 39' 6"	School Bay Village	<u>Year</u> 1994
Shot Put	142' 9.5"	Seneca East	2001
High Jump	19' 0''	Fremont Ross	1999
Discus	450' 2"	Huron	2006
Long Jump	58' 8.5"	Seneca East	2002
6400 Meter Relay	18:48.2	Fremont Ross	1997
Shuttle Hurdle Relay	1:00.9	Edison	1998
800 Meter Relay	1:30.7	Huron	2005
3200 Meter Relay	8:16.8	New London	2001
400 Meter Relay	43.1 43.1	Edison Edison	2001 2002
Sprint Medley	1:38.1 1:38.1	Seneca East Seneca East	2000 2001
Distance Medley	10:52.9	Bay Village	1994
1600 Medley Relay	3:23.0	Edison	2001